

Brookville Road Animal Hospital

8049 Brookville Road, Indianapolis, IN 46239 phone: (317) 353-6143

Home Care Instructions

- Restrict activity for 7 days. He/she should be inside during this time, and not allowed to run or play with other pets.
- An e-collar should be worn for 5-7 days if he/she tries to lick at the incision.
- Monitor incision for swelling and discharge. Expect the area to be somewhat red for a few days. If excessive swelling or discharge is noted, please come in for recheck examination.
- No suture removal is required all sutures are absorbable and under the skin.
- He/she can be offered her normal food tonight.

THE PET HEALTH LIBRARY By Wendy C. Brooks, DVM, DipABVP *Educational Director, VeterinaryPartner.com*

Feline Spay FAQ

Spaying your cat is an important part of basic cat health care. Spaying at a young age prevents mammary cancer and spaying at any age prevents unwanted kittens, noisy heat cycles, and possibly even urine marking in the house. The following is a list of frequently asked questions gleaned from years of veterinary practice as well as from answering questions online. We have found that even though the cat spay is a routine and a commonly performed procedure, many pet owners still have questions. Hopefully, this FAQ will be helpful.

What is actually removed during spaying?

Spaying is an ovariohysterectomy, which means that both the ovaries and the uterus are removed. The cervix is tied off, leaving the vagina to end in a blind sac. Since it is the ovaries that are responsible for the heat cycles, possible mammary tumor development, and behavior problems, it is crucial that the ovaries be removed intact; some veterinarians will leave the uterus behind, though, it is generally regarded as best to remove the entire tract, uterus included.

Feline reproductive tract after removal. Note the uterus as two horns forming a Y shape. The ovaries are located at the end of the arms of the Y. The cervix is at the base of the Y.

Will she have stitches?

Some veterinarians always place skin stitches. Some veterinarians never place skin stitches and prefer to close the incision with "buried" stitches that are internal. The spay incision is closed in several layers (the abdominal muscles, the tissue under the skin, and the skin itself may all be closed separately). Skin stitches necessitate a return visit for a recheck, which is always a good idea after an abdominal surgery. Obviously, it may be more convenient for the owner not to have to make a return trip and it may be simpler not to have to worry about the cat pulling out her skin stitches and causing herself injury.

What can I expect regarding recovery period/incision care?

One of the advantages of keeping cats overnight after spaying is that they usually go bouncing out of the hospital as if nothing has happened. Some cats will not eat for the first day or so but if she does not seem back to normal by the day following discharge, we would like to know about it.

Cats discharged on the same day as surgery may experience more soreness if not confined to a small area. Food and water are generally withheld until the next day or late that night and she should be kept quiet and not allowed outside. Cats should not be discharged while still groggy in any way from anesthesia as they are a danger to themselves and to their human handlers.

Later in the recovery period, it is not unusual to notice swelling at the incision site. Cats often react this way to internal sutures and this kind of swelling is common and resolves spontaneously. Such swellings are firm and there is no fluid drainage or bleeding from the incision. They generally resolve in 3 to 4 weeks. Any fluid drainage from the incision is abnormal and if possible the cat should be rechecked by the veterinarian who performed the spay.

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